



GREEN ANGELS - SPRING FOOD GROWING

ONLINE COURSE

IN PARTNERSHIP WITH LANCASHIRE WILDLIFE TRUST



Lancashire,
Manchester &
N Merseyside

SESSION	CONTENT
1.	<p>Annuals v. Perennials – Explanation of differences and uses:</p> <ul style="list-style-type: none">• Sowing annuals• Taking root cuttings of perennials• Use of propagators• Appropriate composts – importance of soils• Right plant right place
2.	<p>Food growing:</p> <ul style="list-style-type: none">• Preparations for food growing• Plant spacing and “pricking out” seedlings• Potato “chitting”• Growing food in containers/small spaces• Successful growing indoors• Companion planting• Use of “cloches”• Use of cold frame• Construction of cold frame
3.	<p>Plant management and maintenance:</p> <ul style="list-style-type: none">• Plant support methods• Dead-heading and pruning borders (not shrubs/trees)• Getting the best out of fruiting plants (pinching out, regular picking)• Common pests and diseases – how to prevent them and what to look out for• Keeping control of plants in borders• Fruit trees and bushes, in and out of containers
4.	<p>Virtual tour of allotment:</p> <ul style="list-style-type: none">• Josie will take us on a virtual tour of her new allotment and discuss her plans with a neighboring allotment holder.• Group discussion – sharing experiences, successes and concerns