



# Spring Food Growing Course



Lancashire,  
Manchester &  
N Merseyside

*Get set for growing your own food this Spring!*

This FREE course is delivered online, for adults who would like to learn the basic principles of horticulture and food growing, ready for the arrival of spring 2021! Attendees on this four-session course will explore:

- Annuals vs. perennials
- Sowing, propagating and preparing for plant growth
- Easy to grow vegetables and other plants
- Growing in small spaces and containers
- Looking after your plants; common pests, plant protection methods, pruning and dead-heading
- Allotments as growing spaces

Everyone can benefit from this course; you do not need to have access to a garden or allotment.

*Attendance certificates will be awarded to all eligible participants.*

## When and where?

**1.30-3.30pm**

When: Every Tuesday for 4 weeks from 16th February 2021

Where: Online via Microsoft Teams, Warrington

## How to book:

Please contact Mary Breeze on 07392 260215  
[greenangels@thelandtrust.org.uk](mailto:greenangels@thelandtrust.org.uk) to book your place.



**Booking is essential**  
For more information contact:  
[greenangels@thelandtrust.org.uk](mailto:greenangels@thelandtrust.org.uk)



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