



Rabbit Ings Country Park

Former mine and home to an array of wildlife, including newts and herons



3 miles/4.9km

Approximately 2 hours at a leisurely pace.
6,330 steps



Opening hours: Open all year round



FREE entrance



Car parking: Free, onsite



Toilets: No



Café: No but perfect for picnics



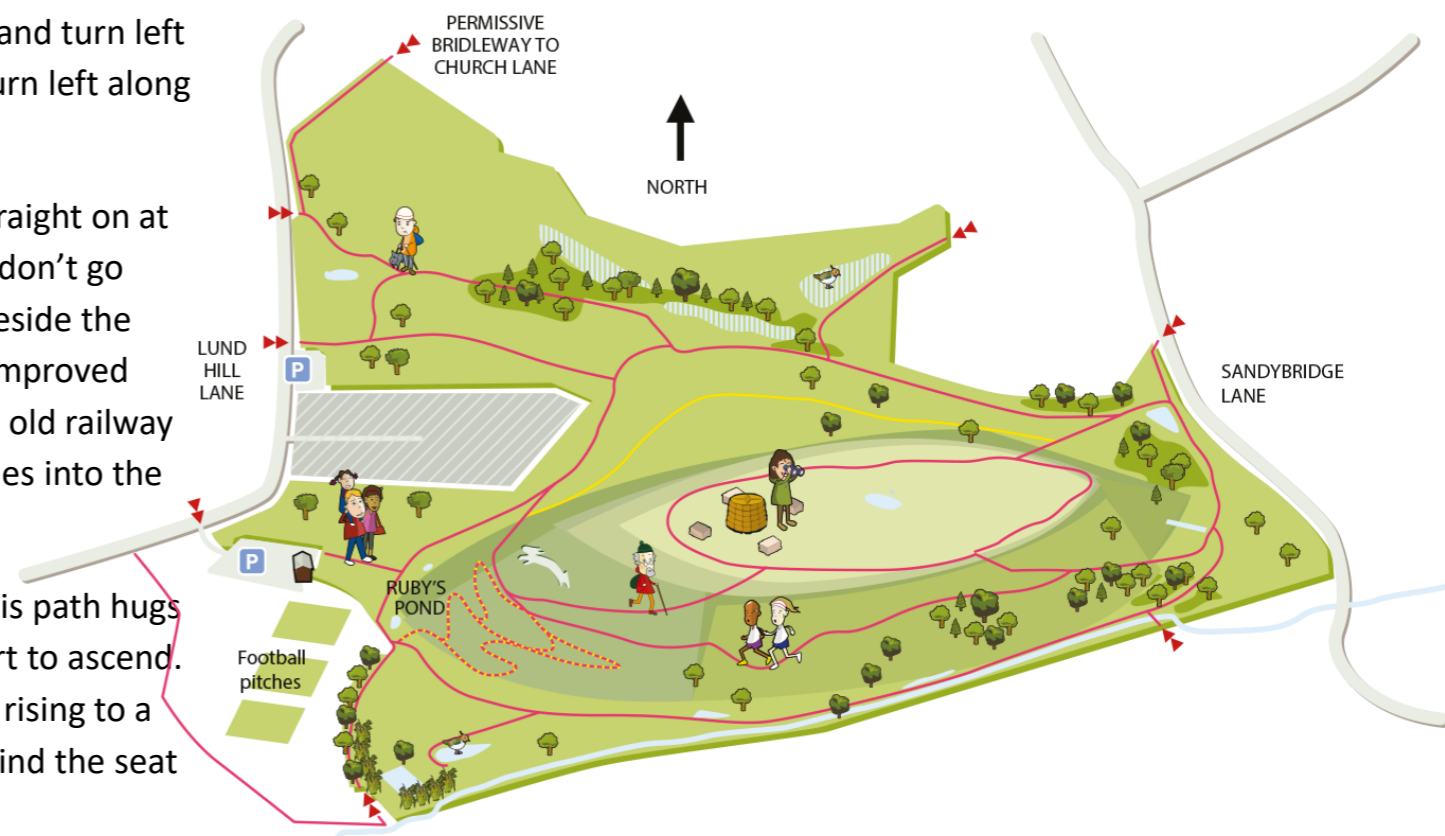
Dogs: Well behaved dogs welcome



Accessibility: Wide paths but with some narrower trails through woodland

Step by step walking route

1. Starting at Rabbit Ings Country Park car park, exit the car park and turn left along the road under the railway bridge. Beyond Cross Lane, turn left along the Trans Pennine Trail South, following the Barnsley Canal.
2. Turn left along the road, cross over where it narrows and go straight on at the bend along Pools Lane. Continue beyond the playground - don't go through the kissing gate but instead pass through the hedge beside the barrier. Continue over the railway line and turn left along the improved path that curves right through the wooded Pool Ings. Cross an old railway bridge and continue along the track bed past the football pitches into the Country Park.
3. Turn right to follow the perimeter path of the Country Park. This path hugs the base of the hill. Continue past the Land Trust map and start to ascend. Turn left at the junction, pass a wooden seat and climb higher, rising to a metal seat at a junction, and a grand viewpoint. Turn right behind the seat to the next main junction.
4. Double back down to the right and turn left at the junction, back onto the perimeter path with the light blue waymark. At the next red and blue post you can visit the lakeshore and the main route passes a second lake. Bear left on the red route uphill and keep straight on following the little valley on your left past an information panel. Keep right on the red and blue route and turn right at the junction to return to the car park and toilets.



- ACCESS POINT
- CAR PARK
- GRASSLAND
- WOODLAND
- WATER
- WETLAND
- REED BEDS
- TRACK
- RIDER'S HACK
- BIKE HILL ROUTE
- VIEWPOINT
- INDUSTRIAL PARK
- RANGER'S BASE



The countryside code

Respect - Protect - Enjoy

Respect other people:

- consider the local community and other people enjoying the outdoors
- leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment:

- leave no trace of your visit and take your litter home
- keep dogs under effective control

Enjoy the outdoors:

- plan ahead and be prepared
- follow advice and local signs

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