



# Avenue Washlands Nature Reserve

## Stunning nature reserve and a thriving home for wildlife



### 1 mile/1.6km

Approximately 20 minutes at a leisurely pace.  
2,110 steps



**Opening hours:** Open all year round



**FREE entrance**



**Car parking:** On site



**Toilets:** No



**Café:** No



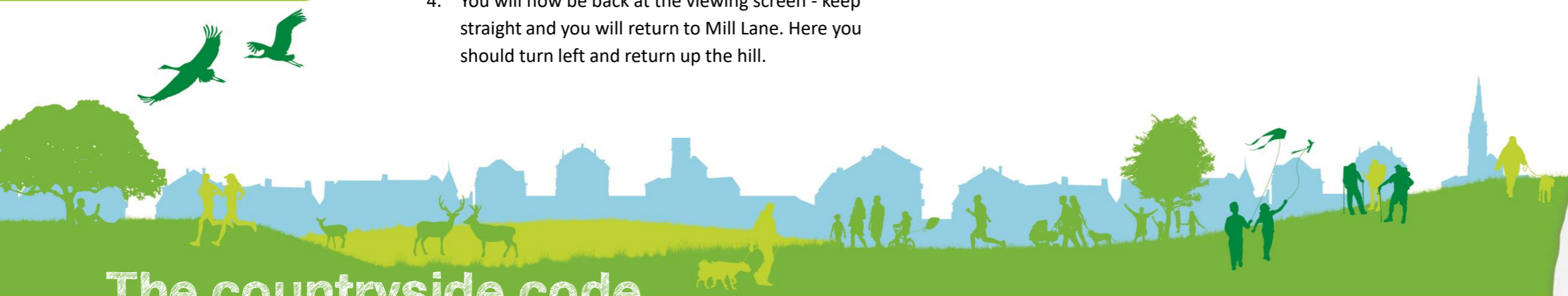
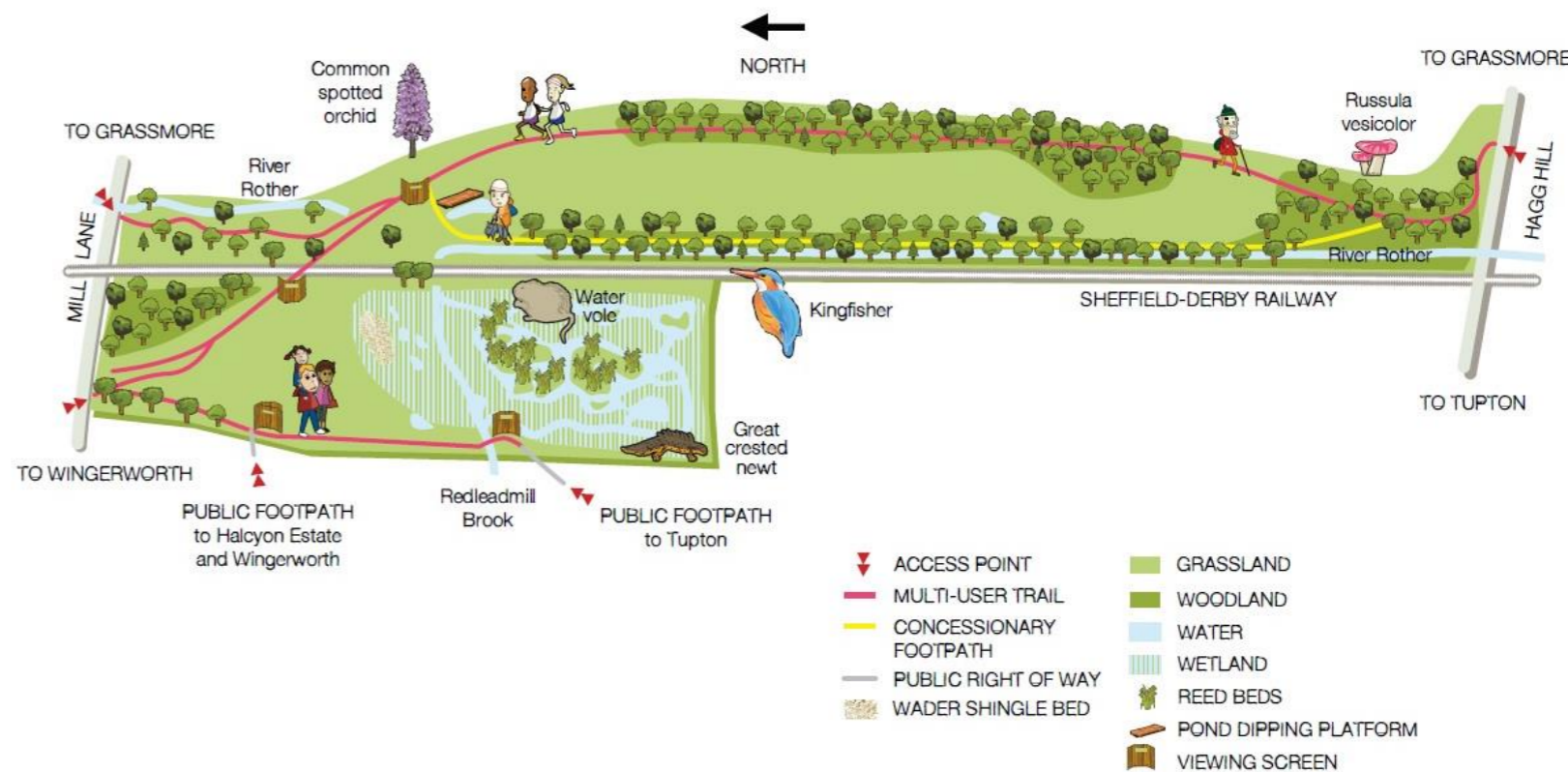
**Dogs:** Must be kept on a lead at all times



**Accessibility:** Most of site accessible to wheelchairs.

### Step by step walking route

1. Walk down Mill Lane, under the railway bridge, then turn right with the River Rother on your left. As you walk up the slope you will find a viewing screen at the top, giving views over the pond - keep an eye out for the newts, the Dingy Skipper butterfly and ground nesting birds on the wet grassland.
2. Continue past the screen to the small gate on the right, pass through the gate and down the steps, first reaching the pond and then onto the woodland - you will now have crossed the river.
3. Keep walking down the river and you will eventually come to a surfaced path. Turn left at the path and walk up the side of the wet grassland meadows, hopefully with Gatekeeper and Speckled Wood butterflies keeping you company.
4. You will now be back at the viewing screen - keep straight and you will return to Mill Lane. Here you should turn left and return up the hill.



## The countryside code

### Respect - Protect - Enjoy

#### Respect other people:

- consider the local community and other people enjoying the outdoors
- leave gates and property as you find them and follow paths unless wider access is available

#### Protect the natural environment:

- leave no trace of your visit and take your litter home
- keep dogs under effective control

#### Enjoy the outdoors:

- plan ahead and be prepared
- follow advice and local signs

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